



By Appointment Only

Reflexology

5408 - 55ST, Cold Lake,
Alberta, T9M - 1R5

by Mecell Inc.

Tel: (780) 594 - 9355
Fax: (780) 594 - 1260
Email: mecell@telus.net

UP & COMING COURSES

Facilitated by Mecell Pilon - Licensed Reflexologist *Kinesiologist* Reiki Master

Touchpoint Reflexology Certificate Seminar

Level 1

Learn to relieve stress and pain easily, naturally and safely.

Touchpoint's "the basic" Reflexology Seminar, is the most powerful of it's kind. It is neither simple, nor basic. It is simply the basic that one must know in order to become an effective and skillful practitioner. You will receive your certification upon completion of the 3 day (24 hour) intensive. You will learn basic anatomy and physiology. You will learn all of the reflexes needed to have a thorough session with any person. You will also have a repertoire of relaxation exercises designed to relieve stress, and you will know how to "read" feet to assess a person's health. We also cover business skills. Laughter and playfulness makes your learning easy and stress-free. Even the exam is fun! Public welcome. Tuition fee includes course materials, snack and lunch

Place: Lakeland Inn, Cold Lake, Alberta

Date: Sept. 30, Oct. 1 & 2, 2011

Time: 8:00am - 7:00 pm each day

1st Degree Reiki (or Level I)

The Practitioner will be trained to give "hands-on" sessions to others as well as themselves. In Japan, this training is given in one day and includes four attunements to increase the flow of energy through the Practitioner's hands. To accommodate our Western Minds, we give the First Degree in two days. Reiki history and philosophy behind the system are taught.

Place: Lakeland Inn, Cold Lake, Alberta

Date: Oct. 14 & 15, 2011

Time: 9:00am - 5:00pm Each Day

2nd Degree Reiki (or Level II)

The Practitioner learns how to enhance the energy transfer by increasing their focus by means of three Usui Reiki "symbols" as well as do "Distance Healing" for individuals, groups and circumstances. During this workshop, the Practitioner receives three additional attunements. The true philosophy of Reiki is as gently and simple as it is powerful and is comfortable to learn. Any First Degree Reiki Practitioner may attend this class. When taking Second Degree only, the Student is required to attend the full weekend workshop. Proof of First Degree Reiki will be required.

Place: Lakeland Inn, Cold Lake, Alberta

Date: Oct. 16 & 17, 2011

Time: 9:00am - 5:00pm Each Day

Watch for courses coming in the Winter

For more information or to register for these courses contact:

MECELL PILON

Alternative Practitioner

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Cold Lake, AB
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